



2017 SPRING PROGRAMS

Abbotsford Soccer Association



FIRST KICKS (2011 – 2014)

Program Cost: \$100.00

New Players

Limited Experience

Returning Fall Players

April 3 – June 22

12 Weeks

1 Session Per Week

12 Sessions

All sessions at Exhibition Park #4 (Rugby Field)

2013 – 2014 Born Players Boys and Girls Tuesdays 5:30 – 6:30 pm

2011 – 2012 Born Players Boys Wednesdays 5:30 – 6:30 pm

2011 – 2012 Born Players Girls Thursdays 5:30 – 6:30 pm

This is an entry level program for new players & players with limited soccer experience.

The 12wk (1 sessions/week) program is led by technical staff coaches and will provide players with physical literacy elements around agility, balance & coordination and the commencement of soccer-specific foundation skills. Each session affords the opportunity to participate in a series of small-sided games, which are designed to be both tutored & free-play.

An ASA T-Shirt will be provided to each participant.

While licenced technical staff coaches are overseeing the program, parent volunteer coaches are required to act as facilitators in small group sessions. No previous soccer experience is necessary as staff coaches will provide activities for each session. As the club's way of thanking these parent volunteers, we offer free registration to those completing the commitment for the entire program along with some club gear.

SPRING DISCOVERIES (2008 – 2010)**Program Cost: \$100.00***Limited Experience**Recreational Players**Graduating from First Kicks***April 3 – June 22****12 Weeks****1 Session Per Week****12 Sessions***All sessions at Abbotsford Senior Secondary Grass Field*

2010 Born Players Boys and Girls Tuesdays 5:30 – 6:45 pm

2009 Born Players Boys and Girls Wednesdays 5:30 – 6:45 pm

2008 Born Players Boys and Girls Thursdays 5:30 – 6:45 pm

This recreation-based program is designed for players with some experience of organized soccer.

The program combines technical skills training and game play. Teams formed in the Discoveries program will be coached by a parent-volunteer coach, but will receive the oversight and management of a club staff coach.

While licenced technical staff coaches are overseeing the program, parent volunteer coaches are required to act as facilitators in small group sessions. As the club's way of thanking these parent volunteers, we offer free registration to those completing the commitment for the entire program along with some club gear.

Boys and Girls will train at the same time but will be divided by gender. This program follows the format of the Fall 2016 program.

An ASA T-Shirt will be provided to each participant.

SPRING DISCOVERIES ACADEMY (2008 – 2010)**Cost: \$90.00***All Players***April 3 – June 19****12 Weeks****1 Session Per Week****10 Sessions***(No sessions on April 17 or May 22)**All sessions at Abbotsford Senior Secondary Grass Field*

2008 – 2010 Born Players Boys and Girls Mondays 5:30 – 6:30 pm

For dedicated and aspiring players looking to enhance their individual technical proficiency & physical literacy.

This program will supplement the team program training, which takes place during the week.

SPRING PROSPECTS (2008 – 2009)

Program Cost: \$240.00

'Invitation Only'

*Fall Prospects Fall Discoveries Identified New Players***April 3 – June 29 13 Weeks 2 Sessions Per Week 26 Training Sessions***This program also includes a number of weekend matches beyond the weekday sessions***All Training Sessions at Abbotsford Senior Turf Field**

2008 – 2009 Born Players	Boys	Mondays/Wednesdays	5:30 – 6:45 pm
2008 – 2009 Born Players	Girls	Tuesdays/Thursdays	5:30 – 6:45 pm

Building on the 2016 Fall Prospects program, the spring phase of Prospects also introduces the 2009 birth year to this development program.

This 'invitation only' program offers a full-time staff coach to lead each team, with attendance at all training & games. The training program will enhance individual skills/techniques and will also provide for the introduction of basic team play & positional understanding.

All players receive a numbered jersey.

SPRING SELECTS (2006 – 2007)**Program Cost: \$240.00**

'Invitation Only'

*Fall Super 8 Players Development/Graduating Prospects Players***April 3 – June 29 13 Weeks 2 Sessions Per Week 26 Training Sessions***This program also includes a number of weekend matches beyond the weekday sessions*

2006 Born Players	Boys	Monday/Thursday	Mouat Turf #4	5:30 – 6:45 pm
2006 Born Players	Girls	Tuesday/Thursday	Mouat Turf #4	5:30 – 6:45 pm
2007 Born Players	Boys	Monday/Wednesday	Abby Sr. Turf	5:30 – 6:45 pm
2007 Born Players	Girls	Tuesday/Thursday	Abby Sr. Turf	5:30 – 6:45 pm

Dedicated and aspiring U11 (07) & U12 (06) players will be a part of the Spring Selects program. This 'invitation only' program offers a full-time staff coach to lead each team, with attendance at all games. Teams will be entered in to the FVYSA Development Spring League, if enough clubs are involved.

Tournament play is encouraged to supplement the player's overall development and experience of different playing environments. Individual tournament entry fees are NOT included in your registration. In addition, teams are responsible for covering the accommodation costs of a staff coach, should they choose to attend a tournament requiring overnight stay.

All players receive a numbered jersey.

SPRING DIVISIONAL TEAM (2002 – 2005)**Program Cost: \$175.00***Fall U13 – U15**Full Field Players**Graduating U12 Players***April 3 – June 29****13 Weeks****2 Sessions Per Week****26 Sessions**

2002 Born Players	Boys	Monday/Wednesday	Mouat #4	8:00 – 9:15 pm
2002 Born Players	Girls	Tuesday/Thursday	Mouat #2	6:45 – 8:00 pm
2003 Born Players	Boys	Monday/Wednesday	Mouat #4	8:00 – 9:15 pm
2003 Born Players	Girls	Tuesday/Thursday	Mouat #2	6:45 – 8:00 pm
2004 Born Players	Boys	Monday/Wednesday	Abby Turf	6:45 – 8:00 pm
2004 Born Players	Girls	Tuesday/Thursday	Abby Turf	6:45 – 8:00 pm
2005 Born Players	Boys	Monday/Wednesday	Abby Turf	6:45 – 8:00 pm
2005 Born Players	Girls	Tuesday/Thursday	Abby Turf	6:45 – 8:00 pm

This Team program is offered to help the dedicated and committed fall teams the opportunity to stay together through an additional 3 month period providing those teams/players the opportunity to experience playing in a different environment – Tournaments.

Where teams do not move forward as one, we will place like-skilled players into one team (This may involve a period of evaluation, at the discretion of the appointed staff coach).

All Divisional Spring Academy teams will receive 2 training sessions/wk. One session will be led by an appointed Staff Coach and the 2nd session will be run by the appointed parent-volunteer coach. While licenced technical staff coaches are overseeing the program, parent volunteer coaches are required to oversee the teams. As the club's way of thanking these parent volunteers, we offer free registration to those completing the commitment for the entire program along with some club gear.

Divisional Spring teams may have the option to 'hire' a staff coach, on a full-time basis, based on availability. (cost on application).

Individual tournament entry fees are NOT included in your registration. In addition, teams are responsible for covering the accommodation costs of a staff coach, should they choose to attend a tournament requiring overnight stay.

Teams formed within the Divisional Spring Academy program will be eligible to participate in the Spring Development League, incorporating clubs through the Fraser Valley.

Divisional fall teams wishing to move forward into spring and those wishing to retain a staff coach on a full-time basis should contact Ian Knight (td@abbotsfordsoccer.com) ASAP...

All players receive a numbered jersey.

GOALKEEPER ACADEMY (2002 – 2007)**Program Cost: \$100.00***All Players*

April 7 – June 23 12 Weeks 1 Session Per Week 10 Sessions
(No sessions on April 14 or May 19)

All sessions to be held at Mouat Turf #2

2006 – 2007 Born Players Boys and Girls Fridays 5:30 – 6:45 pm

2000 – 2005 Born Players Boys and Girls Fridays 6:45 – 8:00 pm

This specialized GK training program is available to those with a passion for the position. Dedicated GK's are encouraged to participate in this development opportunity, which offers excellent training & coaching from our male & female GK coaches. Footwork, handling, throwing, kicking, diving and positioning are just some of the areas to be covered in this program.

All players receive a new pair of GK Gloves and an ASA tshirt.

SPRING 'STREET SOCCER' LEAGUE (2002 – 2007)**Program Cost: \$150.00***New Players**Limited Experience**Recreational Div 3 and 4 Players***April 3 – June 22****12 Weeks****2 Sessions Per Week****24 Sessions**

*We expect registration to allow for teams to be divided into both boys and girls teams.
Teams will play in the combined age groups outlined below.*

2002 – 2003 Players	Boys/Girls	Tuesday/Thursday	Mouat Turf #4	6:45 – 8:00 pm
2004 – 2005 Players	Boys/Girls	Tuesday/Thursday	Mouat Turf #2	5:30 – 6:45 pm
2006 – 2007 Players	Boys/Girls	Wednesday/Friday	Mouat Turf #4	5:30 – 6:45 pm

This popular recreation program has been extended from the 2016/17 Fall season.

Each week, both sessions of the Spring Street Soccer League will be game-based, offering 24 games throughout the course of the program. The program is designed to allow for **player based, fun, creative, and free flowing** sessions allowing players to experiment, learn, and develop new skills in a recreational setting. No formal coaching sessions are scheduled.

Players will be grouped into 'teams' of 9 for the games that will use the 7v7 format. (i.e. 2 subs per team).

All games will be officiated by Club Referees. A Parent Volunteer Facilitator is required for each 'team' to ensure players get fair playing time and are subbed on and off in an expedient manner. These volunteers will also work together to ensure teams are 'fair'. No real knowledge of soccer is required by the Facilitators, just a sense of fair play. Those selected to be our Parent Volunteer Facilitators will receive free registration and club coaching kit. The free registration will take the form of a refund or club credit following the completion of the program.

The philosophy behind small-sided games allows each player more touches on the ball, free movement on a smaller pitch, and lots of opportunities to score.

Total registrations from each age group will determine how teams and age groups will be formed.

All players receive an ASA tshirt.